

COPS



INTERNATIONAL 2020

The 25th Anniversary

Agenda

Explosive Self Defence Systems Level 1 or Level 2

This is the signature system of the IPA-DTG. Simple and very effective, using natural body movements that anyone can master in a very short period of time. It is so simple it is likely to be drawn upon when under attack. Because of this simplicity, it is not easily forgotten and is equally easy to refresh. Ideal for all police officers, in particular; firearms officers, women, non-combative, in fact everyone! This course will certificate practitioners in either level 1 or for those that attended the previous course level 2 or level 3, essential if you wish to proceed to Instructor level.

Surveillance – The Basics

An introduction to undertaking the basics of surveillance and how to follow a suspect. This course was designed to teach Close Protection Officers how to protect a client when being followed. This is a practical course which greatly improves situational awareness. Useful for any police officer to know these important skills.

Fighting on the Ground

The saying goes that you should never choose to go to the ground, but that's where most fights end up! Any fighting system that ignores this fact is not a complete system and police personal safety is no different. However, fighting in the dojo is NOT fighting in the street. EVERY incident WILL: -

Have no mats, you'll be wearing restrictive clothing, (patrol equipment, body armour, police uniform) and potentially dealing with multiple attackers.

Additionally, you could be; dazed, injured, exhausted, shocked.

Finally, you're unlikely to have stretched before fighting.

The aim must be to get back to your feet as soon as possible and effect the arrest from there.

Although Jujitsu/Judo/MMA/Wrestling skills are fantastically useful, most cops don't train in them. This course seeks to address both areas; teaching those who don't train on the ground and enhance the existing skills of the ground fighters who do.

The course will contain:

Breakfalls – reality, The Immediate Action Drill, getting back to your feet, kicks, sweeps.

Open Source Material

Although this course is mainly about physical skills there is an opportunity to explore the virtual world of the internet. What can we learn about our own vulnerabilities, how easily can we be targeted? Conversely, how easily can we learn about the criminals and terrorists we seek.

This course is being delivered by an expert in this field and will prove to be very thought provoking.

Safariland Hand-Cuff and Baton Course

This is for those who are already trained with Hand-cuffs and Baton, it must be pre-booked and pre-reads will be sent to those who are interested.

It consists of 3 modules throughout the 3-days (may be some evening tuition to make up the required hours?). This is a course which would usually cost approx. \$350 - 500 per person but we offer the course for FREE during the seminar!

1. **MDTS: Monadnock Defensive tactics system** - Balance & Stance, Defensive blocks and strikes, basic primary control holds, handcuff standing and prone subjects, weapon retention etc.
2. **MEB: Monadnock Expandable Baton** - Friction lock and autolock batons, carry, blocks and strikes one and two-handed skills, retention, baton takedown to prone and handcuffing etc.
3. **PR-24 side handled Baton** - Very similar to MEB but using the PR-24.

User programs are usually 8 hours contact time.

Basic TRAINER (qualifies individual to teach ALL USER programs) course usually consists of 16 hours contact time as each student will have to teach (approx. 10mins) at least 3 individual skills as part of the assessment.

Based on the skill level of most of the individuals likely to attend the seminar and wanting the qualification, we could cut those program times down dramatically and some of it could be achieved by pre-study booklets, PowerPoint etc.

This is an 'Instructor' level program and would allow those that achieve the grade an International Certificate to teach the Monadnock programs.

Spontaneous Knife Attack Defence

This knife awareness course has been designed to meet the needs of Police Officers. The focus of this training is to raise awareness to the simplicity which a person can fall victim to a spontaneous knife attack. It will highlight the realisation that your gun will initially be no use to you at this range. The training will focus on raising your awareness of the use of knives in combat situations combined with a realistic, simple and effective open hand knife defence technique.

Due to the effects of survival stress this system has evolved into the simplest form where all of skills are gross motor This simplicity in design allows for quicker learning and retention under the stress of a knife assault. The system has been pressure tested and appears to work more times than not and usually out performs other methods.

Aims:

1. Recognise the threat.
2. Identify the risks.
3. Adopt preventative strategies and techniques.
4. Practice defensive response to knife situations.
5. Demonstrate appropriate response to knife attacks.
6. Defence to the terrorist double knife attacker.

Point Shooting - Instinctive shooting

Many of you will be used to shooting on the range, adopting a weaver stance and carrying out a well-practiced range shooting drill to pass a qualification. It is very similar to competition shooting. However, needing to shoot to save your life is very different and so is the training. At the time you think you might

die, the sympathetic nervous system (SNS) activates and causes pupil dilation, a decrease in blood flow to the periphery of the retina and the inability to use the dominant eye. The result is loss of near vision and the ability to focus on the front sight. It is uncontrollable...You will square on to the threat and crouch, constantly skipping away from the threat, you will keep both eyes open and hold the gun convulsive grip. Now take your shot!

If that's what's going to happen to you in reality, why not train that way. Learn the survival shooting skills that will give you the edge over your opponent. This course will give you the skills and knowledge to draw, move and fire your sidearm with speed and accuracy under pressure.

Because of strict firearms laws in the UK we will use airsoft, however the affect is very similar and, in many ways, provides a better learning experience.

Stop the bleed

Following a catastrophic incident, such as a marauding terrorist attack, the most preventable cause of death is a person bleeding out. Therefore, stopping the bleed is essential training for all first responders. This course is designed to bring the topic to life and is delivered in a way that you will remember what to do under pressure. Even if you're trained, you will still benefit from this immersive session.

This session will include the use of tourniquets, plugging the wound, moving a casualty and treating shock.

Marauding Terrorist Response

As an emergency responder have you questioned what you can do in a killer spree attack? On or off duty, it may happen to you OR you are the person who has to do something about it! Most Police around the world are armed, most British Police are not! For this reason, this course has been split into two.

Armed officers will carry out a two Officer building entry drills to stop a spree killer.

Unarmed officers will look at knife defence, team drills and target hardening a room.

Axon - Taser

Axon are the company that produce Taser. They have produced an excellent presentation about Taser and its use and are able to dispel many of the myths you may have heard. Afterwards they will take participants onto the range and give an opportunity to shoot some live cartridges. There will then be an opportunity to undertake some scenario training to consolidate the learning. Although we cannot promise, there may be an opportunity to undertake a voluntary exposure for those who want to experience the effects.

Exploring Violence

This is two short courses consisting of two topics. Session 1 - Short cuts for pre-emptive striking. When where and how to switch ON and OFF your ability to use violence when faced with a threat or potential threat.

Behavioural Detection

This is a presentation based on a methodical, scientific and systematic appraisal of people's behaviour when under stress in an environment through observation, assessment and decision - based operations.

It is regularly used throughout the UK by law enforcement agencies to identify potential threats from those with intent to self-harm, commit a criminal offence or a terrorist attack.

Those with mal-intent are proven to display high levels of physical, psychological and involuntary reactions, particularly when exposed to additional stress factors such as the presence of a trigger – uniform, security, police or a security feature such as a camera or checks.

Scenarios

These are a set of scenarios set up to test how you will actually react when faced with realistic situations. All designed to practice the skills taught during the weeks training. Although they are serious topics and designed to be immersive you will find them to be very revealing about your own performance under pressure whilst being immensely enjoyable.

SOCIAL EVENTS

Visit the Royal Armouries in Leeds

<https://royalarmouries.org/venue/royal-armouries-museum/>

This is an excellent event. We will take a coach to Leeds to visit the Royal Armouries. One of the largest collections of weapons in the world. We have a good relationship with the curators who will provide us with a presentation tailored to the police interests.

There are usually shows such as knights in armour jousting and sword fighting as well as Samurai sword fights. We'll only know what's on nearer the time.

Shopping at the Cheshire Oaks Retail Outlet Park

<https://www.mcarthurglen.com/en/outlets/uk/designer-outlet-cheshire-oaks/>

Cheshire Oaks was the first and remains the UK's largest Designer Outlet, comprising more than 150 boutiques, restaurants and cafés, Cheshire Oaks isn't merely the UK's largest Designer Outlet. You'll find up to 60% off the RRP in all of our brands all year round. Our range of stores offer. Find your new favourites. Explore the stores and then dine and unwind in the restaurants.

Walk up Mount Snowdon

<https://www.visitsnowdonia.info/snowdon-walking-routes>

This will be a guided walk by members of the IPA. Snowdon is the highest mountain in Wales, at an elevation of 1,085 metres above sea level, and the highest point in the British Isles outside the Scottish Highlands. It is located in Snowdonia National Park in Gwynedd. Only about an hour's drive from Wrexham. The route only takes a couple of hours and is quite leisurely. For those less able or lazy, you can always take the train either up or down or both!

Meet North Wales Police

<https://www.north-wales.police.uk>

The course is being run in North Wales and the local Police Force is Heddlu Gogledd Cymru which translated into English is *North Wales Police*. Although a relatively small rural police force it covers a massive area. Here is the opportunity to meet members of the force, see their equipment and ask questions.

Gala Dinner

The hog roast gala dinner is the culmination of the course and a celebration of the closing of the 25th Anniversary. A closing address and awards will be presented. Then will be an opportunity to get photographs, swap badges and unwind. Attendees are requested to wear their uniforms for photographs if possible, at least at the start of the night. It is intended to be a good fun evening for everyone involved.

COPS 2020 26 - 31st May 2020

COPS 2020 26 - 31 st May 2020								
Tues	0700-1500			1500- 1600	1600 - 1700	1900		
	Attendees arrive throughout the day and can book into accommodation. Student Village, Glyndŵr University, Mold Road, Wrexham, Wales, LL11 2AW.			Opening address Police Chief Constable	Presentatio n - DTG (The Human factors of combat)	BBQ at the University		
Wed	07-08 00	0900-1200	1 hr	1300 - 1500	1500-1700	1730	2000	
	Breakfast	Explosive Self Defence Systems	L U N C H	Defence from the Ground	Spontaneous Knife Defence	Dinner / Shopping to outlet village / free time	Social Drink, All ☺	
				Exploring Violence 1	Exploring Violence 2			
				Royal Armouries visit, Leeds, Via coach				
Thurs	0900 - 1200	1 hr		1300-1600	1600 – 1730	1730	2000	
	Axon / Taser Presentation, Live Fire			Axon / Taser Presentation, Live Fire	Scenarios	Dinner / Shopping to outlet village / free time	Social Drink, All ☺	
				Instinctive Point Shooting (Airsoft)	Behavioural Detection			
	Instinctive Point shooting (Airsoft)			Royal Armouries visit, Leeds, Via coach				
Safariland Baton and Cuff Instructors Course – part 1			Walk up Mount Snowdon					
Fri	Breakfast	0900-1030	1030-1200	1 hr	1300-1500	1500 - 1700	1730	2000
	Open Source Material	Stopping catastrophic bleeding	Active shooter response	Meet North Wales Police Ruthin Range And Exhibitors	Stopping catastrophic bleeding	Dinner / Visit the city of Chester	Social Drink, Chester All ☺	
		Active shooter response			Active shooter response			
Safariland Baton and Cuff Instructors Course - part 2			Surveillance foot drills					
Sat	0900 - 1200			1300 - 1500	1500 - 1700	1800 -		
	Scenarios			Competition The Box	Team scenario drills	Gala Dinner Closing speeches Awards		
	Safariland Baton and Cuff Instructors Course - part 3							
Sun	All day					1600		
	Depart or for those wishing to stay on walk up Mount Snowdon							



COPS INTERNATIONAL 2020

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Training for reality

Improving Survivability

This is the 25th Anniversary of the COPS training event and this year it is being held in the UK. It is going to be an action-packed week event which has been designed to provide essential, role specific, reality-based training that you'll find hard to get elsewhere. With 5 days of training, our Instructors will guarantee to give you an immersive experience in reality combat with some fantastic topics on the agenda. However, this course is much more than just personal safety and tactics, it also combines social events to enjoy throughout the week as well as a goody bag of 'stuff'. We will be joined by officers from all around the world, so it makes in an excellent opportunity to make friends and network. It will prove to be an excellent week.

Although an IPA event we also invite all members of the policing sector, friends and family, military, emergency services and local council staff.

Who are the Defensive Tactics Group?

The International Police Association (IPA) have several 'Special Interest Groups' for its members. One of these is the Defensive Tactics Group (DTG). It consists of serving and retired members of the law enforcement community, who have a particular interest in reality-based self-defence and street survival training.

Our main goal is to help prevent injury and save the lives of police officers by teaching techniques that work! That is; easy to learn, easy to do, easy to remember under pressure, effective and legal. All our techniques conform to the UK Manual of Guidance on Personal Safety Training.

Membership is free to all IPA members however you don't need to join the IPA to attend this course.

Course Content: *(see more detail on the Agenda/timetable)*

Explosive Self Defence Systems Level 1 or Level 2

This is the signature system of the IPA-DTG.

Surveillance – The Basics

An introduction to undertaking the basics of surveillance and how to follow a suspect.

Fighting on the Ground

The saying goes that you should never choose to go to the ground, but that's where most fights end up!

Open Source Material

Although this course is mainly about physical skills there is an opportunity to explore the virtual world of the internet.

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Point Shooting - Instinctive shooting

Shooting to save your life (Because of strict firearms laws in the UK we will use airsoft).
You don't need to be a firearms officer to attend this session.

Stop the bleed

Following a catastrophic incident such as a marauding terrorist attack, the most preventable cause of death is a person bleeding out.

Marauding Terrorist Response

As an emergency responder have you questioned what you can do in a killer spree type attack?

Axon - Taser

Axon are the company that produce Taser and will join us to give an introductory course in their products (Taser, Body Cam, Virtual Reality).

Scenarios

These are a set of scenarios set up to test how you will actually react when faced with realistic situations.

Social Events

Visit the Royal Armouries in Leeds

<https://royalarmouries.org/venue/royal-armouries-museum/>

Shopping at the Cheshire Oaks Retail Outlet Park

<https://www.mcarthurglen.com/en/outlets/uk/designer-outlet-cheshire-oaks/>

Walk up Mount Snowdon

<https://www.visitsnowdonia.info/snowdon-walking-routes>

Meet North Wales Police

<https://www.north-wales.police.uk>

The course is being run in North Wales and the local Police Force is Heddlu Gogledd Cymru which translated into English is *North Wales Police*. Although relatively small rural police force it covers a massive area. Here is the opportunity to meet members of the force, see their equipment and ask questions.

Gala Dinner

The hog roast gala dinner is the culmination of the course and a celebration of the closing of the 25th Anniversary.

Costs:

£350 which includes: -

- Ensuite accommodation
- Breakfast, lunch, a BBQ and Gala Dinner
- Coach and entry to Leeds Armoury Museum
- Transport to and from Mount Snowdon, Cheshire Oaks Retail Park, Chester
- All courses and certificates
- Goody bag
- All participants can be picked up and dropped off at Chester Train or bus station upon request.

or

£150 as above but without accommodation and food (will include BBQ and Gala Dinner)

or

£40 Day rate as above but accommodation will be £48 per night extra (will include BBQ and Gala Dinner if applicable to the day)

Please pay as soon as possible to secure your place. The cut off deadline is the 29th February 2020 (See Application form for payment details)

Admin

Clothing and equipment

- Training uniform
- Patrol or dress uniform (for gala dinner)
- Boots
- Casual clothing (May can still be cold in the UK)
- If walking up Mt Snowdon bring warm outdoor clothing and waterproofs
- Toiletries
- Gym kit if you want to use the swimming pool or gym

Any questions please contact Robert Stenhouse Robert.stenhouse@sky.com

Travel:

Attendees should arrive throughout the day and can book into accommodation. If driving, there is plenty of free carparking space

Address:

Student Village, Glyndŵr University, Mold Road, Wrexham, Wales, LL11 2AW.

By Air:

The best Airports are either

Manchester International Airport (Ringway)

Liverpool (John Lennon)

Someone will meet you and direct you to one of the following modes of transport: -

Train to Chester CTR or Wrexham Train Station.

or

Coach to Chester Bus Station.

Or

Taxi - If there are two or more it may be cheaper and quicker to get a Taxi to Chester train Station. As long as we know your flight times, we can arrange this for you.

Or

Car Hire – Arrange yourself.

By Road:

From North or South

M6 Manchester – M56 to Chester – M53 to North Wales – A55 North Wales – A483 to Wrexham – Junction 5 Mold Rd towards Wrexham – 1st left B5101 first right at the roundabout and into the student village.

From South (alternate)

M6 North - M54 - A5 – A483 Wrexham – Junction 5 Mold Rd towards Wrexham – 1st left B5101 first right at the roundabout and into the student village.

From Manchester Airport

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COPS 2020



From:

Date: 6th January 2020

International Police Association, Section UK

Defensive Tactics Group

INVITATION COPS 2020 United Kingdom

Dear all IPA Sections,

IPA Section UK and the Defensive Tactics Group of IPA are delighted to invite participants to COPS 2020 – a training camp in defensive tactics.

Location: Wrexham, North Wales (60 km from Manchester)

Dates: 26 – 31 May 2020

Price: £350 - with food/accommodation or £150 without food/accom or £40 per day

Participants: IPA members, family/friends, IPDTA, Military, Emergency Services

Maximum of 100 participants.

Interests of participation should be sent as soon as possible to the organiser - Rob Stenhouse DT@ipa-uk.org The deadline for payment is no later than 29th February 2020. Please await the confirmation email in return regarding granted participation before payment.

Our goal is to bring in participants from many IPA Sections and join together in joint training, exchanging ideas and networking.

The above participation fee covers defensive tactic training and lectures, single en-suite accommodation in a university, two meals a day with an additional BBQ and gala dinner, transportation between training venues and goodie bag.

Participants cover their expenses regarding travel and transfer, insurance and other extras not mentioned in the final Programme.

As there is a large interest, we invite IPA members who would like to attend the training to forward attached "Registration Form of Interest" promptly. We are looking forward to welcoming you in the UK in May 2020.

In friendship,

Martin Turner

Vice President (Professional), IPA Section UK

IPA HQ – Section UK

1 Fox Road

West Bridgford

Nottingham

NG2 6AJ

(+44) 115 981 3638

vpturner@ipa-uk.org



COPS 2020



REGISTRATION OF INTEREST

COPS 2020 United Kingdom

Name	First name:	Last name:
Email		
Mobile number	Country no:	Phone number:
IPA Section		
IPA member number		
Acceptance to share data in relation GDPR with participants and organizer.	YES	NO
Acceptance to photographs for IPA promotion on social media.	YES	NO

Registration of interest of participation is to be forwarded as soon as possible to robert.stenhouse@sky.com

Confirmation and payment deadline no later than the 29th February 2020 (sooner the better)

To pay direct into bank account clearly identifying yourself.
HSBC bank: IPA-DTG Sort Code: 401714 Account Number: 12543192

The BIC (Swift) Number - MIDL GB 22 **IBAN Number** – GB88 MIDL 401714 12543192

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Agenda

Explosive Self Defence Systems Level 1 or Level 2

This is the signature system of the IPA-DTG. Simple and very effective, using natural body movements that anyone can master in a very short period of time. It is so simple it is likely to be drawn upon when under attack. Because of this simplicity, it is not easily forgotten and is equally easy to refresh. Ideal for all police officers, in particular; firearms officers, women, non-combative, in fact everyone! This course will certificate practitioners in either level 1 or for those that attended the previous course level 2 or level 3, essential if you wish to proceed to Instructor level.

Surveillance – The Basics

An introduction to undertaking the basics of surveillance and how to follow a suspect. This course was designed to teach Close Protection Officers how to protect a client when being followed. This is a practical course which greatly improves situational awareness. Useful for any police officer to know these important skills.

Fighting on the Ground

The saying goes that you should never choose to go to the ground, but that's where most fights end up! Any fighting system that ignores this fact is not a complete system and police personal safety is no different. However, fighting in the dojo is NOT fighting in the street. EVERY incident WILL: -

Have no mats, you'll be wearing restrictive clothing, (patrol equipment, body armour, police uniform) and potentially dealing with multiple attackers.

Additionally, you could be; dazed, injured, exhausted, shocked.

Finally, you're unlikely to have stretched before fighting.

The aim must be to get back to your feet as soon as possible and effect the arrest from there.

Although Jujitsu/Judo/MMA/Wrestling skills are fantastically useful, most cops don't train in them. This course seeks to address both areas; teaching those who don't train on the ground and enhance the existing skills of the ground fighters who do.

The course will contain:

Breakfalls – reality, The Immediate Action Drill, getting back to your feet, kicks, sweeps.

Open Source Material

Although this course is mainly about physical skills there is an opportunity to explore the virtual world of the internet. What can we learn about our own vulnerabilities, how easily can we be targeted? Conversely, how easily can we learn about the criminals and terrorists we seek.

This course is being delivered by an expert in this field and will prove to be very thought provoking.

Safariland Hand-Cuff and Baton Course

This is for those who are already trained with Hand-cuffs and Baton, it must be pre-booked and pre-reads will be sent to those who are interested.

It consists of 3 modules throughout the 3-days (may be some evening tuition to make up the required hours?). This is a course which would usually cost approx. \$350 - 500 per person but we offer the course for FREE during the seminar!

1. **MDTS: Monadnock Defensive tactics system** - Balance & Stance, Defensive blocks and strikes, basic primary control holds, handcuff standing and prone subjects, weapon retention etc.
2. **MEB: Monadnock Expandable Baton** - Friction lock and autolock batons, carry, blocks and strikes one and two-handed skills, retention, baton takedown to prone and handcuffing etc.
3. **PR-24 side handled Baton** - Very similar to MEB but using the PR-24.

User programs are usually 8 hours contact time.

Basic TRAINER (qualifies individual to teach ALL USER programs) course usually consists of 16 hours contact time as each student will have to teach (approx. 10mins) at least 3 individual skills as part of the assessment.

Based on the skill level of most of the individuals likely to attend the seminar and wanting the qualification, we could cut those program times down dramatically and some of it could be achieved by pre-study booklets, PowerPoint etc.

This is an 'Instructor' level program and would allow those that achieve the grade an International Certificate to teach the Monadnock programs.

Spontaneous Knife Attack Defence

This knife awareness course has been designed to meet the needs of Police Officers. The focus of this training is to raise awareness to the simplicity which a person can fall victim to a spontaneous knife attack. It will highlight the realisation that your gun will initially be no use to you at this range. The training will focus on raising your awareness of the use of knives in combat situations combined with a realistic, simple and effective open hand knife defence technique.

Due to the effects of survival stress this system has evolved into the simplest form where all of skills are gross motor This simplicity in design allows for quicker learning and retention under the stress of a knife assault. The system has been pressure tested and appears to work more times than not and usually out performs other methods.

Aims:

1. Recognise the threat.
2. Identify the risks.
3. Adopt preventative strategies and techniques.
4. Practice defensive response to knife situations.
5. Demonstrate appropriate response to knife attacks.
6. Defence to the terrorist double knife attacker.

Point Shooting - Instinctive shooting

Many of you will be used to shooting on the range, adopting a weaver stance and carrying out a well-practiced range shooting drill to pass a qualification. It is very similar to competition shooting. However, needing to shoot to save your life is very different and so is the training. At the time you think you might

die, the sympathetic nervous system (SNS) activates and causes pupil dilation, a decrease in blood flow to the periphery of the retina and the inability to use the dominant eye. The result is loss of near vision and the ability to focus on the front sight. It is uncontrollable...You will square on to the threat and crouch, constantly skipping away from the threat, you will keep both eyes open and hold the gun convulsive grip. Now take your shot!

If that's what's going to happen to you in reality, why not train that way. Learn the survival shooting skills that will give you the edge over your opponent. This course will give you the skills and knowledge to draw, move and fire your sidearm with speed and accuracy under pressure.

Because of strict firearms laws in the UK we will use airsoft, however the affect is very similar and, in many ways, provides a better learning experience.

Stop the bleed

Following a catastrophic incident, such as a marauding terrorist attack, the most preventable cause of death is a person bleeding out. Therefore, stopping the bleed is essential training for all first responders. This course is designed to bring the topic to life and is delivered in a way that you will remember what to do under pressure. Even if you're trained, you will still benefit from this immersive session.

This session will include the use of tourniquets, plugging the wound, moving a casualty and treating shock.

Marauding Terrorist Response

As an emergency responder have you questioned what you can do in a killer spree attack? On or off duty, it may happen to you OR you are the person who has to do something about it! Most Police around the world are armed, most British Police are not! For this reason, this course has been split into two.

Armed officers will carry out a two Officer building entry drills to stop a spree killer.

Unarmed officers will look at knife defence, team drills and target hardening a room.

Axon - Taser

Axon are the company that produce Taser. They have produced an excellent presentation about Taser and its use and are able to dispel many of the myths you may have heard. Afterwards they will take participants onto the range and give an opportunity to shoot some live cartridges. There will then be an opportunity to undertake some scenario training to consolidate the learning. Although we cannot promise, there may be an opportunity to undertake a voluntary exposure for those who want to experience the effects.

Exploring Violence

This is two short courses consisting of two topics. Session 1 - Short cuts for pre-emptive striking. When where and how to switch ON and OFF your ability to use violence when faced with a threat or potential threat.

Behavioural Detection

This is a presentation based on a methodical, scientific and systematic appraisal of people's behaviour when under stress in an environment through observation, assessment and decision - based operations.

It is regularly used throughout the UK by law enforcement agencies to identify potential threats from those with intent to self-harm, commit a criminal offence or a terrorist attack.

Those with mal-intent are proven to display high levels of physical, psychological and involuntary reactions, particularly when exposed to additional stress factors such as the presence of a trigger – uniform, security, police or a security feature such as a camera or checks.

Scenarios

These are a set of scenarios set up to test how you will actually react when faced with realistic situations. All designed to practice the skills taught during the weeks training. Although they are serious topics and designed to be immersive you will find them to be very revealing about your own performance under pressure whilst being immensely enjoyable.

SOCIAL EVENTS

Visit the Royal Armouries in Leeds

<https://royalarmouries.org/venue/royal-armouries-museum/>

This is an excellent event. We will take a coach to Leeds to visit the Royal Armouries. One of the largest collections of weapons in the world. We have a good relationship with the curators who will provide us with a presentation tailored to the police interests.

There are usually shows such as knights in armour jousting and sword fighting as well as Samurai sword fights. We'll only know what's on nearer the time.

Shopping at the Cheshire Oaks Retail Outlet Park

<https://www.mcarthurglen.com/en/outlets/uk/designer-outlet-cheshire-oaks/>

Cheshire Oaks was the first and remains the UK's largest Designer Outlet, comprising more than 150 boutiques, restaurants and cafés, Cheshire Oaks isn't merely the UK's largest Designer Outlet. You'll find up to 60% off the RRP in all of our brands all year round. Our range of stores offer. Find your new favourites. Explore the stores and then dine and unwind in the restaurants.

Walk up Mount Snowdon

<https://www.visitsnowdonia.info/snowdon-walking-routes>

This will be a guided walk by members of the IPA. Snowdon is the highest mountain in Wales, at an elevation of 1,085 metres above sea level, and the highest point in the British Isles outside the Scottish Highlands. It is located in Snowdonia National Park in Gwynedd. Only about an hour's drive from Wrexham. The route only takes a couple of hours and is quite leisurely. For those less able or lazy, you can always take the train either up or down or both!

Meet North Wales Police

<https://www.north-wales.police.uk>

The course is being run in North Wales and the local Police Force is Heddlu Gogledd Cymru which translated into English is *North Wales Police*. Although a relatively small rural police force it covers a massive area. Here is the opportunity to meet members of the force, see their equipment and ask questions.

Gala Dinner

The hog roast gala dinner is the culmination of the course and a celebration of the closing of the 25th Anniversary. A closing address and awards will be presented. Then will be an opportunity to get photographs, swap badges and unwind. Attendees are requested to wear their uniforms for photographs if possible, at least at the start of the night. It is intended to be a good fun evening for everyone involved.

COPS 2020 26 - 31st May 2020

COPS 2020 26 - 31 st May 2020								
Tues	0700-1500			1500- 1600	1600 - 1700	1900		
	Attendees arrive throughout the day and can book into accommodation. Student Village, Glyndŵr University, Mold Road, Wrexham, Wales, LL11 2AW.			Opening address Police Chief Constable	Presentatio n - DTG (The Human factors of combat)	BBQ at the University		
Wed	07-08 00	0900-1200	1 hr	1300 - 1500	1500-1700	1730	2000	
	Breakfast	Explosive Self Defence Systems	L U N C H	Defence from the Ground	Spontaneous Knife Defence	Dinner / Shopping to outlet village / free time	Social Drink, All ☺	
				Exploring Violence 1	Exploring Violence 2			
				Royal Armouries visit, Leeds, Via coach				
Thurs	0900 - 1200	1 hr		1300-1600	1600 – 1730	1730	2000	
	Axon / Taser Presentation, Live Fire			Axon / Taser Presentation, Live Fire	Scenarios	Dinner / Shopping to outlet village / free time	Social Drink, All ☺	
				Instinctive Point Shooting (Airsoft)	Behavioural Detection			
	Instinctive Point shooting (Airsoft)			Royal Armouries visit, Leeds, Via coach				
Safariland Baton and Cuff Instructors Course – part 1			Walk up Mount Snowdon					
Fri	Breakfast	0900-1030	1030-1200	1 hr	1300-1500	1500 - 1700	1730	2000
	Open Source Material	Stopping catastrophic bleeding	Active shooter response	Meet North Wales Police Ruthin Range And Exhibitors	Stopping catastrophic bleeding	Dinner / Visit the city of Chester	Social Drink, Chester All ☺	
		Active shooter response			Active shooter response			
Safariland Baton and Cuff Instructors Course - part 2			Surveillance foot drills					
Sat	0900 - 1200			1300 - 1500	1500 - 1700	1800 -		
	Scenarios			Competition The Box	Team scenario drills	Gala Dinner Closing speeches Awards		
	Safariland Baton and Cuff Instructors Course - part 3							
Sun	All day					1600		
	Depart or for those wishing to stay on walk up Mount Snowdon							